

Psychospiritual Therapy Education at Community Counselling London

Currently, the Thursday group supervision day is happening virtually by Zoom video conferencing. We do offer in-person counselling sessions in addition to sessions by video or phone. All therapist interns must be able to provide in-person therapy to clients a minimum of one day a week.

PLEASE NOTE: The Community Counselling London (CCL) Psychospiritual Therapy Education (formerly known as PCE) Program is affiliated directly with those institutions of higher education that have a signed affiliation agreement with the Centre—currently Martin Luther University College (MLUC), Knox College (Toronto School of Theology), Huron University College (University of Western Ontario) and Emmanuel College (Toronto School of Theology). If conditionally accepted into the PTE program at the Centre, all students are required to be a registered student at an affiliated institution. A completed Bachelor's degree from an accredited institution is required for application. Acceptance in the PTE program at the Centre is contingent upon successful registration with an affiliated academic institution.

Please note that Emmanuel College students should check with their registrar to confirm that they are eligible to enroll in the PTE units at CCL that start in Winter or Summer terms.

Program Affiliation/Accreditation

Psychospiritual Therapy Education at the Community Counselling London is accredited through the Canadian Association for Spiritual Care/Association canadienne de soins spirituels (CASC/ACSS). The Centre upholds the standards of CASC/ACSS and has been approved to educate students based on the competencies, standards, scope of practice, and code of ethics of CASC/ACSS (spiritualcare.ca). The program is also affiliated with Martin Luther University College (MLUC), Knox College, Huron University College and Emmanuel College and jointly adheres to the values and policies of MLUC, Knox College, Emmanuel College, Huron University College and CASC/ACSS.

Location

Community Counselling London is a counselling centre currently using space in Good News Christian Reformed Church in East London, Ontario. Community Counselling Exeter is a program run by the Community Counselling London out of a counselling office located in the Exeter BIA at 303 Main St. Exeter, Ontario

Dates of the Course: May 8 - December 18, 2025

Application Deadline: January 1, 2025

The course runs for a total of 15 hours each week, with Thursdays being the group supervision day and flexibility of counselling hours to be completed at the Centre depending on the students' schedules.

All therapist interns must be able to provide in-person counselling hours to clients at the Community Counselling London at their London and Exeter locations. As per CASC/ACSS standards, the course involves at least 400 hours of psychospiritual therapy learning, with 125 - 200 hours being dedicated to direct client contact and 200 – 275 hours dedicated to didactics and group supervision.

Our Spiritually Integrated Approach to Client Care

The Supervisor-Educator's approach to Psychospiritual Therapy Education is a multi-faith approach using spiritually-integrated humanistic therapies that are person-centered and inclusive of all faiths and traditions. Therapeutic modalities include emotion-oriented approaches, crisis response models, solution-focused therapy, Rogerian Person-Centred Therapy, and meaning-centred therapy. These approaches are demonstrated and applied in practice counselling scenarios, group supervision and feedback in both verbatim case studies and supervision.

Program Description

Psychospiritual Therapy Education (PTE) is an adult-education/group-learning approach to psychospiritual therapy focusing on clinical practice, self-awareness and interfaith response. Each student completes the required Psychospiritual Therapy Education application process and interview, participation agreement, and orientation with CCL together with a successful application process through one of the affiliated academic institutions.

A Summary of Assignments and Expectations

- 6 Reflection Reports (Regular self-reflection including safe and effective use of self (SEUS), self-awareness, learning goals, and competency integration)
- 6 Clinical Reports focusing on clinical visits and case studies (Including 4 Verbatim Case Presentations, 1 Theological/Spiritual Reflection Case Presentation, 1 Ethics Case Presentation prepared and presented to the group, a mid-unit evaluation and a final evaluation)
- At least 15 hours of individual supervision set up through a contract with the supervisor
- Direct Client Contact Hours (up to 15 hours per week) with flexibility that these hours can be completed when the Centre is open.
- 125 – 200 direct client contact hours (number of hours is reflective of level of CASC/ACSS training)
- 70 hours of Group Supervision which includes structured verbatim/case studies/group processes/interpersonal relations group including practice counselling and debriefing of client visits which will occur consistently on Tuesdays.
- 50 hours of spiritual reflection/independent study/research.

- 45 hours of formal didactic content occurring in 90 minute sessions each Thursday group supervision day

Prerequisites needed for Consideration

- Completed CCL Application Form with Attached Essays
- 2 Completed Reference Forms
- Ability to become registered as a graduate student at an affiliated institution.

If offered a conditional acceptance into the PTE course, the following is required to start the course:

- CASC/ACSS requires that all students registered for an Psychospiritual Therapy Education internship at CCL must be members. Verification of membership is required before beginning the course.
- A vulnerable sector police record check is required before the beginning of the course.

Financial requirements

Upon official acceptance at both CCL and the affiliated academic institution (Martin Luther University College, Knox College, Huron University College or Emmanuel College), all tuition for the course is paid directly to the institution where the student is registered. Please see the university's website for the application process and costs.

2 Stage Application Process

Stage 1 (CCL)

- Complete and send the CCL PTE application form along with reflective essays to Lynn Van Leeuwen lynn@cclondon.ca
- Ensure all reference forms are emailed and returned to Lynn Van Leeuwen lynn@cclondon.ca
- After the deadline of **January 1, 2025** candidates selected for interviews will be contacted for an interview with the Community Counselling London. (Only qualified candidates will be offered an interview.)
- Following the interview process, successful candidates will be provided with a conditional acceptance contingent on the candidate's ability to provide a vulnerable sector police record check.
- While completing the above Stage 1 requirements, the candidate must then begin application to an affiliated academic institution (Martin Luther University College, Huron University College, Knox College or Emmanuel College) and begin Stage 2 of the process.

Stage 2

- Once you have received a conditional offer of acceptance in the Psychospiritual Therapy Education course at CCL, register as a graduate student at an affiliated institution.

For information regarding registering in this PTE course at **Emmanuel College**, please contact Dr. Nazila Isgandorava, nazila.isgandarova@utoronto.ca



For information regarding registering in this PTE course at **Knox College**, please contact Dr. Angela Schmidt, angela.schmidt@utoronto.ca



Dr. Dawn Davis is the academic advisor for this course at **Huron University College**.
ddavis48@huron.uwo.ca



Luther University's Practicum Coordinator is Dr. Mary (Joy) Philip. mphilip@luther.wlu.ca For registering at **Martin Luther University College**, follow instructions below.



- If not a registered student at an affiliated academic institution, application is submitted to General Graduate Studies at MLUC before the deadline set by MLUC: <https://www.wlu.ca/admissions-toolkits/graduate-admissions-toolkit/step-1-applying/general-graduate-student-non-degree-seeking.html>
- Create account and submit: https://www.ouac.on.ca/apply/wlugrad/en_CA/user/login
- Upon receiving an offer of admission, applicants will be given a deadline to provide the Faculty of Graduate and Postdoctoral Studies office with their official transcripts. It is the student's responsibility to have their previous academic institutions mail their official transcripts directly to the Faculty of Graduate and Postdoctoral Studies office. Transcripts should be to be mailed to: Faculty of Graduate and Postdoctoral Studies; Wilfrid Laurier University; 75 University Avenue West; Waterloo, Ontario, Canada, N2L 3C5

Contact Aafiya Tinwala, Student Advisor and Admissions Coordinator
lutherstudents@wlu.ca
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